



7.1.1 Details of reports:

Sr. No	Academic Year	Date of activity	Title of the programme
1	2015-16	23-02-2016	Nukkad Natak
2	2015-16	08-03-2016	International Women's Day Celebration
3	2015-16	6.05.2016	Gender Equality at JKLU
4	2016-17	15.7.2016	An Open-Air Music Activity to Promote Gender Equality
5	2016-17	17.01.2017	An expression to save girl child
6	2016-17	08.03.2017	International Women's Day Celebration
	2017-18	14.07.2017	Women Health
	2017-18	20.07.2017	A Session on Gender Abuse and Addiction
7	2017-18	28.07.2017	Women's ability
8	2017-18	29.07.2017	A session on Gender equality through Spiritually
12	2017-18	15.09.2017	Gender Equality at workplace
13	2017-18	25.09.2017	Empowering women around you
14	2017-18	9.10.2017	Gender Sensitization
15	2017-18	28.10.2017	Respecting Gender Diversity at Workplace
16	2017-18	08.03.2018	International Women's Day Celebration



Sr. No	Academic Year	Date of activity	Title of the programme
17	2018-19	17-09-2018	Gender Equality Laws in India
18	2018-19	5-8-2018	Diversity and Inclusion
19	2018-19	10-12-2018	Gender Sensitive Professional Etiquettes
20	2018-19	05-01-2019	An Open-Air Activity to Promote Gender Equality
21	2018-19	19-01-2019	Debate discussion on the role of women in society
22	2018-19	08-03-2019	International Women's Day Celebration
23	2019-20	22-08-2019	POSH Act– Gender Sensitization
24	2019-20	05-11-2019	Empathy and Equality
25	2019-20	24-01-2019	Self-defense
26	2019-20	05-03-2019	Celebrating Uniqueness, Beyond Physicality

Event Name- Nukkad Natak

Date- 23-02-2016

Venue- IM Block, JK Lakshmipat University

Entrepreneurship Development Cell (EDC) at the University organized **Nukkad Natak** as part of E- Week on Feb. 23rd, 2016 at 2.30pm on the topic ‘Women Empowerment through Women Entrepreneurship’ at the lounge of IM block, JKLU.

With this soul of Women empowerment and entrepreneurship a superb "Nukad Natak" (a street play) was performed by the students of JK Lakshmipat University on the evening of third day of E week. The script for the play was composed by Aditya Shukla of MBA final year. The theme of the Nukkad Natak revolved around the following quote-

"NAARI TU ABLA NHI HAI, TU HI KRANTI (REVOLUTION) KI MASHAAL HAATH LEKAR VISHV KO APNI AGNI SE PRAJWALIT (ENLIGHTEN) KARNE WAALI DEVI HAI "



Participants of Nukkad Natak during E-Week

Event Name- International Women's Day Celebration

Date- 08-03-2016

Venue- IM Amphitheater, JK Lakshmipat University

On 8th March, 2016, with the rest of the world, we at JKLU also celebrated the International Women's Day. It was an occasion for JKLU family to pause for a moment and reflect on ourselves, to appreciate how much has been done and what more needs to be done in the field of gender equality. Moreover, it was the day to acknowledge all the men and women in the world for making this world a better place for everyone to live in. The celebration also aimed at acknowledging and appreciating the women of JKLU for their constant contributions towards the University as well as their careers and to also raise awareness among students, faculty and staff of JKLU about the true meaning for Feminism.



Event Name- An Open Air Music Activity to Promote Gender Equality

Date- 15-07-2016

Venue- Open Lawn near Activity Room, JK Lakshmipat University

On 15 July 2016, JK Lakshmipat University organized an open air activity for all the students residing in the hostels to promote gender equality. The activity has some small ice breaking activities for students which helped them to develop mutual respect and understanding for everyone. JKLU believes that Gender is about the relationships between and among women and men, and girls and boys; transforming these relationships requires the involvement of all of these groups of people, not just half of them. Therefore, the activity was conducted, and the purpose of the activity was achieved.



Event Name- An expression to Save Girl Child

Date- 17-01-2017

Venue- IM Amphitheatre, JK LakshmiPat University

A competition of the title of “An expression to Save Girl Child” was conducted on January 17, 2017. Save girls, save the girl child, is a campaign in India to end the gender-selective abortion of female foetus, which has skewed the population towards a significant under-representation of girls in some Indian states. To address this issue, a competition was organized where students participated and expressed the issue through posters, face painting and floor rangoli.



Event Name- International Women's Day Celebration

Date- 08-03-2017

Venue- IM Amphitheatre, JK Lakshmipat University

International Women's Day was celebrated on 8th of March. The Session was coordinated at the University Campus by Ms Anju Jadon GM Admissions and the Chief Guest for the Occasion was Dr R. L. Raina in presence of Dean IM, Dr M K Bhatia, Director IET, Dr Anupam Kumar Singh, all Faculty Members & Staff. The Chief Guest Dr R. L. Raina spoke about "Women Power Contribution in Make in India". Dean IM, Dr M K Bhatia also shared his thoughts about "No discrimination between male and female child nowadays".

Director IET, Dr Anupam Kumar Singh talk about "Be Bold and Be the Change" by giving example of Mother Tresa. Some Encouraging words also shared by our Faculty Members Dr Ganesh Dash, Dr Sonal Jain, Dr Kavita Choudhary and Dr Ashwani Sharma. Note of Thanks delivered by Dr Upasana Singh. It is really nice to have a special day for women where they are glorified to a point of being honored, awarded, and appreciated by our Honorable Vice Chancellor Dr R L Raina.



Event Name- Women Health

Date- 14-07-2017

Venue- IM Amphitheatre, JK Lakshmipat University

A session on Women Health was organized in order to make attempt to inform students about the importance of health. The speaker also focused on the health issues of the women that they face. The discussion also happened on how to foster good mental health during student life. Maintain good posture, reduce consuming caffeine beverages, take healthy lunches and place a bowl of fruits in the office. Health is wealth' is a world-famous proverb concerning health. A healthy body is defined as the overall ability of the body to function well. It includes the physical, mental, emotional, and social health of all individuals. When one maintains good health, he/she opens the key to happiness.



Event Name- A Session on Gender Abuse and Addiction

Date- 20-07-2017

Venue- IM Amphitheatre, JK Lakshmipat University

20th 07, 2017: A session on Gender Abuse and Addictions was organized for the students of JK Lakshmipat University . The session was conducted to inform students about how to prevent addictions among college students. People often take this fun too far by delving into excessive drug and alcohol abuse. These impacts millions of college students every year in multiple ways, including creating a lifelong addiction, causing educational problems, and even personal injury. The speaker has promoted some alternative lifestyles and sensitized students towards to respect all the genders.



Event Name- Women's ability

Date- 28-07-2017

Venue- IET Block, JK Lakshmipat University

JK Lakshmipat University organized a session for all women faculty members and the girl students of all departments on “Women’s abilities”. The motivational session was conducted to build confidence in women. Ms. Prema Iyer, Lifestyle consultant, and counselor delivered a motivational speech on the topic on Friday, July 28, 2017. The session was a great success and at the end of the session, everyone was motivated to find their ability and to do great thing in the society.



Event Name- A session on Gender equality through Spiritually

Date- 29-07-2017

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily-in both the body and mind for everyone. Yoga postures, Pranayama and meditation are effective techniques to release stress. Meditation is Relaxation which gives calm mind, good concentration and Rejuvenation of the body and mind etc. Particularly for a working woman and man, Yoga is a great remedy to remove their stress and tensions which definitely affects their health because at the end they both have to nurture their home, fulfill the needs of a demanding career, take care of the family, handle household work; both man and women play multi roles by using their skills and capabilities. Yoga helps both by giving her emotional strength so that they can easily manage all pressures and can give their best intellectual abilities. In view of this, JKLU conducted a session on Yoga and Meditation for everyone at the campus on Saturday, July 29, 2017.



Event Name- Gender Equality at Workplace

Date- 15-09-2017

Venue- IM Amphitheater, JK Lakshmipat University

K Lakshmipat University organized a session for faculty and staff of JK Lakshmipat university on “Gender Equality at workplace”. The session aimed to aware about the simple steps that one can implement in his/her life to support gender equality at workplace. The speakers discussed and gave emphasis on issues related to the gender aspects processes and mechanisms of distributing task at workplace, gender terms and definitions, examples of common gender-responsive actions that we usually take or see. The activity session was conducted on 15.09.2017



Event Name- Empowering women around you

Date- 25-09-2017

Venue- IET Amphitheater, JK Lakshmipat University

Gender equality, economic empowerment and work-life balance, these were some of the topics that needs to be discussed not only in front of the women but should be discussed with men too. On 25th Sep. 2017 JKLU organized a session on Empowering Women where they invited Ms. Ranisa Rukshmani Kumari Ji, founder of the NGO Star Foundation to put her thoughts aloud on the topic. She mentioned some of the challenges that a woman face when she aims to build her career. She also shared views on women who break shackles to aim big and realize their dreams. In a country where women constitute 14 per cent of the entrepreneur base, several awe-inspiring stories were exchanged. While there are some women who may feel lost due to societal pressures and lack of conviction, there are many others out there who have taken the plunge, stuck to their dreams, and set an example.



Event Name- Gender Sensitization

Date- 09-10-2017

Venue- IET Amphitheater, JK Lakshmipat University

Gender Sensitisation session was organized on 09, October 2017 in IM Amphitheater of JK Lakshmipat University under the theme “LAW FOR ALL”, NO TO STEREOTYPES - YES TO EQUALITY. The speaker for the session talked about how to overcome the gender stereotyping in day today activities such as household works, at workplaces etc. The guest speaker of the day was introduced spoke about the laws to overcome the gender stereotyping, she also gave information about the sections in the law regarding the gender equality. The staff and the students were engrossed with the session lecture.



Event Name- Respecting Gender Diversity at Workplace

Date- 28-10-2017

Venue- MDC, Training Room -002, JK Lakshmipat University

28th, October, 2017, An Interactive session on Workplace readiness was organized for MBA students at the university. During the session, the speaker talked about the workplace readiness traits that describe a number of commonly expected, skills that employers seek from most employees. Work readiness skills are a set of skills and behaviors that are necessary for any job. Work readiness skills are sometimes called soft skills, employability skills, or job readiness skills. These abilities help employees learn how to interact with supervisors and co-workers. They help reinforce the importance of timeliness and build an understanding of how we are perceived by others. Employers value employees who can communicate effectively and act professionally. No matter what technical skills a job may require, every job requires good social skills/interpersonal skills.



Event Name- International Women's Day Celebration

Date- 08-03-2018

Venue- IM Amphitheater, JK Lakshmipat University

On 8th March, 2018, with the rest of the world, we at JKL U also celebrated the International Women's Day. The celebration was organised by the Centre for Communication & Critical Thinking with the help of Dr. Sheetal Mundra, to acknowledge and appreciate the women of JKL U for their constant contributions towards the University as well as their careers and to also raise awareness among students, faculty and staff of JKL U about the true meaning for Feminism. We had with us Ms. Shreyasi Singh as a special guest on the occasion of this Women's Day. Shreyasi is a guest faculty, teaching Introduction to Critical Thinking at JKL U. Currently the Head of Edteach Initiatives, 9.9 Group, Shreyasi is the author of 'The Wealth Wallahs', a columnist in Surviving Start-Ups at Mint and was also Managing Editor at Inc. India from 2011 to 2014. She has previously cofounded The Foundation of Working Women and headed the Careers Development team at The Vedica Scholars Programme for Women. Shreyasi spoke very engagingly about the 10 myths or questions people have around feminism and helped clarify the doubts. In addition to this, 'Campus Nani' had also sent a message to the JKL U family, which touched many cords with the audience. The Centre for Communication & Critical Thinking thanked all the female faculty and staff members of JKL U with roses and a heartfelt letter for all. Here are some snippets from the celebration:



Event Name -Gender Equality Laws in India

Date- 17-09-2018

Venue: IM-Amphitheater

JK Lakshmipat University Organized a session for all the faculty and staff members at JKLU on Gender equality laws in India on 17th Sep, 2018 which was facilitated by Dr. Yugank Goyal, Associate Professor and Assistant Dean (Research), Jindal School of Liberal Arts & Humanities Deputy Director, International Institute for Higher Education Research & Capacity Building Honorary Research Fellow, Jindal Global Law School. During the session, he talked and discussed about the principle of gender equality is in the Indian Constitution in its Preamble, Fundamental Rights, Fundamental Duties and Directive Principles. The Constitution not only grants equality to women, but also empowers the State to adopt measures of positive discrimination in favor of women.



Event Name -Activity on Gender sensitization

Date- 05/08/2018

Venue- Institute of Design, JKLU

The Center for Communication & Critical thinking (CCCT) at JK Lakshmipat University organized a session for students on “Gender Sensitization”. Under the theme of “Diversity and Inclusion”. Aim of the session was encourage students, to embrace diversity and inclusion. The activity session was conducted for first year students on 05.08.2018.



Event Name- A session on Gender Sensitive Professional Etiquettes

Date- 10-12-2018

Venue- IM-Amphitheater

10th Dec 2018, An Interactive session on “Gender Sensitive Professional Etiquettes” was organized for MBA students at the university. Speaker talked about principles of gender sensitive communication as given in UNDP gender initiative program. Session was interactive and at the end students asked a lot of questions.



Event Name- An Open-Air Activity to Promote Gender Equality

Date-02-01-2019

Venue- Open Lawn near Activity Room

On 2nd Jan, 2019, JK Lakshmipat University organized an open-air activity for all the students residing in the hostels to promote gender equality. The activity had a ice breaking activities for students which helped them to develop the mutual respect and understanding for everyone. JKLU believes that Gender is about the relationships between and among women and men, and girls and boys; transforming these relationships requires the involvement of all of these groups of people, not just half of them.



Event Name- Debate discussion on the role of women in society

Date- 19/01/2019

Venue- IM-Amphitheater

The contribution of women to a society's smooth transition from preliterate to literate, from a relatively autonomous community to a member of a nation enmeshed in a world economy, has received too little attention from social scientists and policy makers. With this view in mind, JK Lakshmipat University conducted a debate cum discussion on the role of women in society on 19th January, 2019.





Event Name- International Women's Day Celebration

Date- 08-03-2019

Venue- IM-Amphitheater

Participants- All

On 8th March, 2018, with the rest of the world, we at JKL U also celebrated the International Women's

Day. The celebration was organized by the Centre for Communication & Critical Thinking with the help

of Dr. Sheetal Mundra, to acknowledge and appreciate the women of JKL U for their constant contributions towards the University as well as their careers and to also raise awareness among students, faculty and staff of JKL U about the true meaning for Feminism.

It is important to keep a day for the celebration and reflection on progress made to promote and protect women's equality and human rights to empower women. Therefore, JK Lakshmipat celebrated the women's achievements and capabilities to empower the women of JKL U on 16th March, 2019. It was organized to celebrate the social, economic, cultural, and political achievements of women. The day also marks a call to action for accelerating women's equality.

Event Name: Session on POSH – Gender Sensitization

Date- 22-08-2019

Venue- IET- Amphitheatre

The POSH committee president of JK Lakshmipat University Dr. Sonal Jain conducted a session on “POSH-Gender Sensitization” for first year students on 22nd Aug. 2019. During the session, she talked about POSH committee at JKLU, committee members and sensitized the students about type of sexual harassments at workplace. The aims of the session were to create a safe and healthy environment for all (especially women) at the campus and make this campus a healthy learning environment. The committee believes that Awareness of Sexual Harassment at learning space and Gender Sensitivity has to be a part of the learning culture at higher institutes.



Event Name- Activity on Empathy and Equality

Date- 05-11-2019

Venue- Outdoor- JKLU ground

The center for communication & critical thinking (CCCT) at JK Lakshmipat University organized an activity session for students on “Empathy and Equality”. The session was conducted by the facilitators of CCCT that aims to develop empathy and equality in students towards the people with special ability. The activity session was conducted by making students perform an activity where one person in a pair becomes a person with special ability. After the activity there was reflection and discussion. The activity session was conducted for first year students on 05.11.2019.



Event Name - Self-defense

Date- 24-01-2020

Venue- Outdoor- JKLU ground

A self-defense session was organised for the JK Lakshmipat University's female community. The session began at 4 p.m. on January 24, 2020, at the IET Amphitheatre. The session was very interesting, and it taught the participants basic self-defense techniques. These techniques were demonstrated and taught to all participants. The session was very informative, and the participants learned some useful self-defense techniques.



Event Name- Celebrating Uniqueness, Beyond Physicality

Date-05/03/2020

Venue- IET 007

Centre for Communication & Critical Thinking organised a session on the occasion of International Women's Day on 5th March. The session was conducted by trainer and coach Mrs. Richa Sahay. Title of the session was Celebrating Uniqueness, Beyond Physicality. The two-hour long session engaged students by conducting activity and discussion. It made students become aware of deep gender bias and its impacts and why it is necessary to celebrate our uniqueness beyond our physicality. 85 students from BBA, B.Tech. and B.Des. participated in the session.

