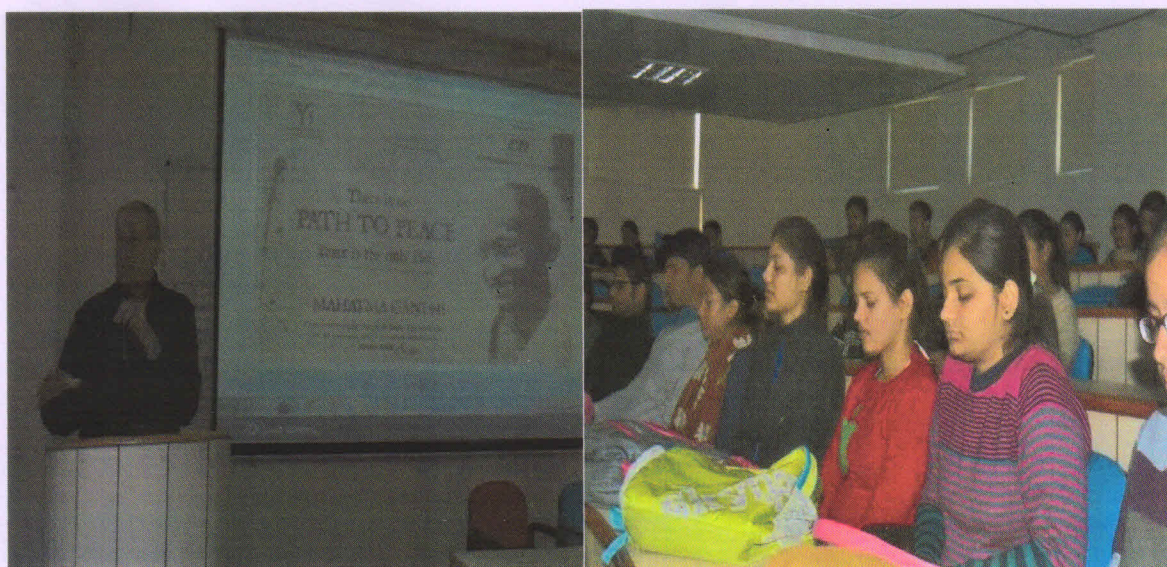


Expert Session on Life Skill “Meditation”

January 30-31, 2017

Yi Yuva, Centre of Innovation, Incubation and Entrepreneurship (CIIE), JKLU organised meditation camp in association with the Heartfulness Institute for the Yi Yuva students of IM and IET on January 30-31, 2017. The objective of the session was to help students strengthen their self-regulation and their focus on coursework. It also boosts their overall health, reduces negative feelings, and fosters compassion.

The volunteers from Heartfulness Institute, Retd. Commander Arvind Mishra, Sister Nivedita Bhaskar and Dr. Sandeep Tomar facilitated the session. Dr. Sheetal Mundra and Dr. Umesh Gupta coordinated the session.



Student Attendance

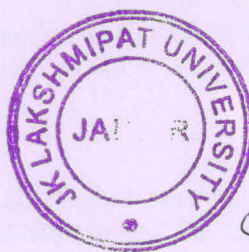
Event Name: Expert Session on Life Skill “Meditation”

Event Date: January 30-31, 2017

Participants: 49

S. No.	Registration No	Name
1	2015BTechCE001	Abhishek Kumar Joya
2	2015BTechCE003	Ashok Choudhary
3	2015BTechCE004	Gautam Sadani
4	2015BTechCE007	Naman Patni
5	2015BTechCE008	Pratyush Gupta
6	2015BTechCE012	Sukhdeep Singh

7	2015BTechCE013	Utpal Jhalani
8	2015BTechCE015	Anshu Mehta
9	2015BTechCE016	Roshan Mehta
10	2015BTechCHE001	Anirban Sarkar
11	2015BTechCHE002	Anisha Agarwal



A handwritten signature in blue ink, appearing to be 'Shreela'.

Yoga Session for Healthy Life

March, 2018

A session of YOGA was organized on 12 March, 2018 for the students of University. An hour long session was coordinated by Dr. Upasana Singh where students learn the benefit of Yoga in their life and learnt various asans of Yoga. The Vice Chancellor Dr. R.L. Raina, motivated the students and conveyed the importance of making yoga an integral part of our daily life by extending the practice of yoga beyond the mat. The session was very refreshing, reviving and relaxing.







Student Attendance

Event Name: Yoga Session for Healthy life

Event Date: March-12, 2018

Participants: 41

S.No	Roll Number	Student Name
1	2016BTechCSE210	Prajval Govil
2	2017BTechCSE001	Akshat Sharma
3	2017BTechCSE003	Harshal Jaju
4	2017BTechCSE004	Jatin Jasaiwal
5	2017BTechCSE005	Muskaan Jain
6	2017BTechCSE006	Pranav Kumar Jain
7	2017BTechCSE007	Rashi Arora
8	2017BTechCSE008	Umesh Kumar
9	2017BTechCSE009	Harshit Soni
10	2017BTechCSE010	Aman Soni

11	2017BTechCSE013	Harshaditya Gaur
12	2017BTechCSE015	Kaushiki Patel
13	2017BTechCSE016	Mani Agarwal
14	2017BTechCSE017	Abhishek Kumar
15	2017BTechCSE018	Pranjal Bhada
16	2017BTechCSE019	Siddharth Jain
17	2017BTechCSE021	Aman Ojha
18	2017BTechCSE101	Ankit Goyal
19	2017BTechCSE102	Diksha Yadav
20	2017BTechCSE103	Gajendra Singh
21	2017BTechCSE104	Garvit Charan
22	2017BTechCSE105	Hardik Puri Oal
23	2017BTechCSE107	Pravesh Bisaria
24	2017BTechCSE108	Ritvik Tak
25	2017BTechCSE109	Shashank Mittra
26	2017BTechCSE110	Shubham Gupta
27	2017BTechCSE111	Burhanuddin Bohra
28	2017BTechCSE112	Jatin Mehta
29	2017BTechCSE20	Syed Aqsa Ahmed
30	2017BTechCSE201	Aditya Tiwari
31	2017BTechCSE202	Ambuj Dixit
32	2017BTechCSE203	Anamika Agrawal
33	2017BTechCSE204	Anubhav Chhillar
34	2017BTechCSE206	Singhal Arman Rajesh
35	2017BTechCSE207	Ashish Kumar Sharma
36	2017BTechCSE208	Ayushi Saxena
37	2017BTechCSE209	B Shruti Mudaliar
38	2017BTechCSE210	Deep Contractor
39	2017BTechCSE212	Hitika Ailani
40	2017BTechCSE213	Lokesh Gujral
41	2017BTechCSE214	Meghna Srivastava

Self Defence Techniques for Women January-24,2020

A session on 'Self-Defence' was organized for women at JKLU on January 24, 2020. The session was quite interesting and made the participants aware of basic self-defence techniques. These techniques were based on general situations of danger. These techniques were shown and taught to all the participants. The participants also tried to apply and practice the techniques. The session made the participants learn some useful self -defence tricks. The event was coordinated by Dr Richa Sharma, Coordinator Student Life Committee, JKLU.



Student Attendance

Event Name: Self Defence Techniques for Women

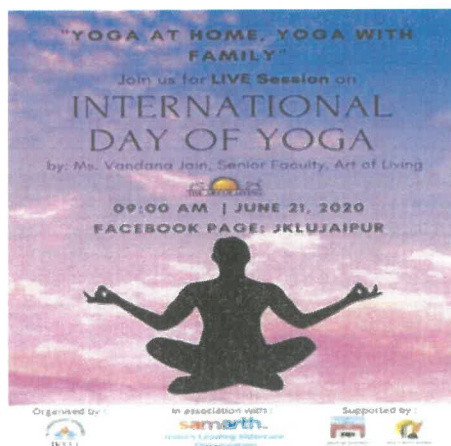
Event Date: January-24,2020

Participants: 06

S. No.	Names of students	Roll No.
1	Yashi Khetan	2019BBA036
2	Siddhi Kejriwal	2019BBA029
3	Surbhi Ailani	2019BBA030
4	Aakanksha Goyal	2019BBA001
5	Amisha Sharma	2019BBA004
6	Ankita Sharma	2019BBA005



Yoga at Home-Yoga with Family: Hands on Yoga Session June 21, 2019|International Yoga Day



On the occasion of International Yoga Day, an online session was organized by JKLU on June 21, 2020. The initiative was supported by Samarth Eldercare, Jaipur District Administration, and New Look Central School, Bhilwara. An hour long session was delivered by Ms. Vandana Jain, Senior Faculty, Art of Living while observing all norms of social distancing etc. This session was coordinated by Dr. Upasana Singh.



Zoom Attendance Report
Participants -130

Report Generated:	21-06-2020 07:00 AM	
Topic	Webinar ID	
International Yoga Day	947 2154 3264	
Host Details	JKLU	
S.no.	User Name (Original Name)	Country/Region Name
1.	I K Bhat	India
2.	VC JKLU (Roshan Raina)	India
3.	admin (A Sharma)	India
4.	Director IIM Indore	India
5.	Archana Shukla	India
6.	Smita Tandon	India
7.	Sheetal Mundra	India
8.	Arihant Jain	India
9.	punam mishra	India
10.	Dr. Jyoti Prakash Naidu	India
11.	Somveer Kush	India
12.	Jagdish Sharma	India
13.	Ravi Prasad	India
14.	LB MISHRA	India
15.	B Bhushan	India
16.	Sanjay Havaladar	India
17.	Satya Gupta	India
18.	Meena Kak	India
19.	Charu Pathak	India
20.	Badri Bajaj	India
21.	Dr Jitendra kumar Singh	India
22.	Dr. Amit Sinhal	India
23.	Hanuman Prasad Agrawal	India
24.	Dinesh Sharma	India
25.	Uday Amin	India
26.	Rakesh Khurana	India
27.	Dr MU Raja	India
28.	anushree dixit	India
29.	Ronak Amin	India
30.	TARUNA SUNIL	India
31.	Pradeep K Varshney	India
32.	Prof SP Singh	India
33.	Dr. Vipin Kumar Jain	India
34.	Radha Sharma	India
35.	Sheetal Mundra	India
36.	amit kumar	India
37.	deepika mishra	India
38.	Abhinav Kumar	India
39.	Renu Pareek	India
40.	Dr. SHALINI TYAGI	India
41.	Ramanand Sharma	India
42.	Kapil Dev	India

43.	Kriti Sharma	India
44.	Dr. Naipal Singh	India
45.	Laxmichand Sharma	India
46.	jaya gupta	India
47.	Kiran Steven	India
48.	Sarita Gupta	India
49.	Devendra Bhavsar	India
50.	Nisha Singh	India
51.	RS Dabas	India
52.	Salim Patel	India
53.	Pavitra Sharma	India
54.	Rajat	India
55.	Devika Kataria	India
56.	Abhishek Kumar	India
57.	Phani Raja Alamuri	India
58.	Kavita Choudhary	India
59.	M Ananth	India
60.	Ramesh Kumar	India
61.	Sathvik Thogaru	India
62.	Sangita Banga	India
63.	Mahabir Sahu	India
64.	Shraddha Bharatiya	India
65.	Ankit Kumar	India
66.	Sonal Jain	India
67.	Rajiv Rajan Dubey	India
68.	venkateswara rao	India
69.	Shantanu Sinha	India
70.	Dr. Sanjay Srivastava	India
71.	Margie Sastry	India
72.	Shounak Biswas	India
73.	Gustavo Sanchez	India
74.	Megha bansal	India
75.	Smita Raj	India
76.	Neelam Dhaka	India
77.	Shefali Agarwal	India
78.	Abhinab Pradhan	India
79.	Ramendra Malthiyar	India
80.	Umesh Gupta	India
81.	Divanshu JAIN	India
82.	surendra malhotra	India
83.	Vinod Kaushik	India
84.	Aakash Mehta	India
85.	Lokanath Mishra	India
86.	Upasana Singh	India
87.	Pushpendra Singh	India
88.	Rajesh Kumar	India
89.	VINOD VISHWAKARMA	India
90.	SAMEER MITTAL	India
91.	Sanjiv Sharma	India

92.	Anjali Chopra	United States of America
93.	RISHI RAJ	India
94.	Richa	India
95.	Sunidhi	India
96.	Ajmer	India
97.	Saba	India
98.	Ritika	India
99.	Geeta	India
100.	J p	India
101.	Vikal	India
102.	Puneet	India
103.	Rajinder	India
104.	Dr Kuldeep Kumar	India
105.	Vipul	India
106.	Manya	India
107.	Neeraj	India
108.	Rahul	India
109.	Naveen	India
110.	Khwaja	India
111.	Ravinder	India
112.	Krishan	India
113.	udit	India
114.	Rakesh kumar	India
115.	vikrant	India
116.	Khushboo	India
117.	Tanuj	India
118.	Alok	India
119.	Dr Babita	India
120.	alok	India
121.	Jim	India
122.	Jagdish	India
123.	AMIT	India
124.	Nikhil	India
125.	Monica	India
126.	J c	India
127.	Bhagaban	India
128.	Veerander	India
129.	Rakesh	India
130.	Prince	India

